Up Your Game. Own Your Future.

TRANMERE ROVERS
INTERNATIONAL SOCCER ACADEMY

WOMEN'S SOCCER DEVELOPMENT

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Welcome to Tranmere Rovers

Mark and Nicola Palios, Chairman and Vice chairman of Tranmere Rovers.

Formed in 1884, Tranmere Rovers FC is a revered soccer institution.

A club epitomising passion, unity and excellence and a founding member of Division Three North in 1921, Tranmere Rovers FC have enjoyed a series of enthralling feats, including appearances at Wembley Stadium, the home of English soccer.

> **“Our years of experience will make you stand out from the crowd at our professional soccer club.”**

We are based at the elite training facility, The Campus, home to TRFC men’s and women’s teams as well as being the home for Liverpool Women. Teams will have the opportunity to train alongside top Women’s Super League talent, access to a unique games programme and be provided with specialised strength and conditioning programmes in order to be in great shape for their return to the USA.

Mark Palios and David Beckham on Soccer World Cup duty.

Leading the Way

Soccer Development

> I owe my career to the coaches at Tranmere Rovers
>
> **Jodie Taylor**
> England, Tranmere and Seattle Reign.

The Super White Army are the only professional English club to have its own International Soccer Academy (ISA), paving the way for soccer players from around the globe to showcase their talent.

The proactive approach instilled by the club has seen the production of top-quality domestic players, who have starred on the international stage. Former academy graduates include Aaron Cresswell of the England Men's national side and Jodie Taylor of Seattle Reign, who is the leading striker for the England Lionesses, winning the Euro 2017 golden boot in the process.

The North West has firmly established itself as the hotbed of soccer in the UK. An area home to an array of revered soccer institutions including Tranmere Rovers LFC, Women's Super League sides Liverpool Women, Manchester United, Manchester City and Blackburn Ladies, the North West has had an unprecedented level of success. We have a unique piece of soccer geography celebrated by thousands - domestically and internationally.

Nestled in amongst the club college and the Tranmere Rovers Elite Academy, an acclaimed producer of prime talent, the I.S.A provides aspiring soccer players with an abundance of elite training from our esteemed coaching team, whilst providing unprecedented access to observe and understand the dynamics of a professional soccer club.

A bespoke games programme designed for visiting teams provides a unique opportunity to test themselves against some of the best women's sides the UK has to offer. In addition, tailored training programmes are created in line with the Tranmere Rovers elite curriculum focused on all aspects of the game - strength and conditioning, tactical analysis, nutritional programs and insights into soccer psychology.

> The Academy has a proven track record of producing quality players.

Highlights

- Access to proven, top quality professional coaching,
- Access to a tailored Games Programme to fit the individual, leveraging off the extensive contracts which the Clubs has in all levels of the professional game as well as campus and top quality grassroots clubs,
- Development Plans tailored to both the individual and the team, based on our successful Academy curriculum,
- Access to Liverpool Women. Train alongside one of the best women's teams in the country with insights from their elite coaches,
- Exclusive insight into the inner workings of a professional soccer club,
- Access to the top personalised sports science, medical physiotherapy and nutrition plans,
- Monitored and tailored development.

Women's Soccer Development

Tranmere Rovers LFC

"First formed in 1990, Tranmere Rovers Women's Team have competed at the highest level of English Football, winning the league title in 1996."

The women's team have also won the Cheshire Cup for a record-breaking 11 times. The Tranmere Rovers Women's Academy has produced many players who have gone on to play in the Women's Super League and for the England National team including Sue Smith and Jodie Taylor.

The women's futsal team was established several years ago, and were a founding member of the Women's Futsal Super league. In their first season they placed second, narrowly missing out on the top spot by one goal. Tranmere's current goalkeeper is the first female international in Tranmere's futsal history, representing Northern Ireland on the global stage.

Tranmere women have also hosted games against Northern Ireland and Australia at The Hub training centre at Prenton Park. With the majority of futsal league clubs for women based in the north-west, it is an ideal location for a challenging and appropriate development opportunity to progress players' tactical and technical ability.

Liverpool Women FC

As of the start of the 2018/19 Women's Super League season, Tranmere Rovers has become the home for Liverpool Women. Liverpool have chosen to train at our elite training facility and Prenton Park. The two times Women's Super League Champions, with former Liverpool and England goalkeeper Chris Kirkland as one of the head coaches, have full use of all the training pitches the Campus has to offer and its state of the art gym has been a vital part of their 2018/19 season preparations.

Liverpool Women are also at the heart of national soccer development. 15 out of the 20 women from their first team squad are English with the club also catering for 60 up and coming stars of the game at their Regional Talent Club. The FA Regional Talent Club programme is embedded into the female player pathway with talent identification throughout the National Fixture Programme which enables England Scouts to oversee the best female players from all over the county.

Liverpool Women RTC has been awarded Tier One status, the highest award in the club system.

The North West of England is also a hotbed for developing soccer talent with half of the English national side's players, both men's and women's, being born in the region.

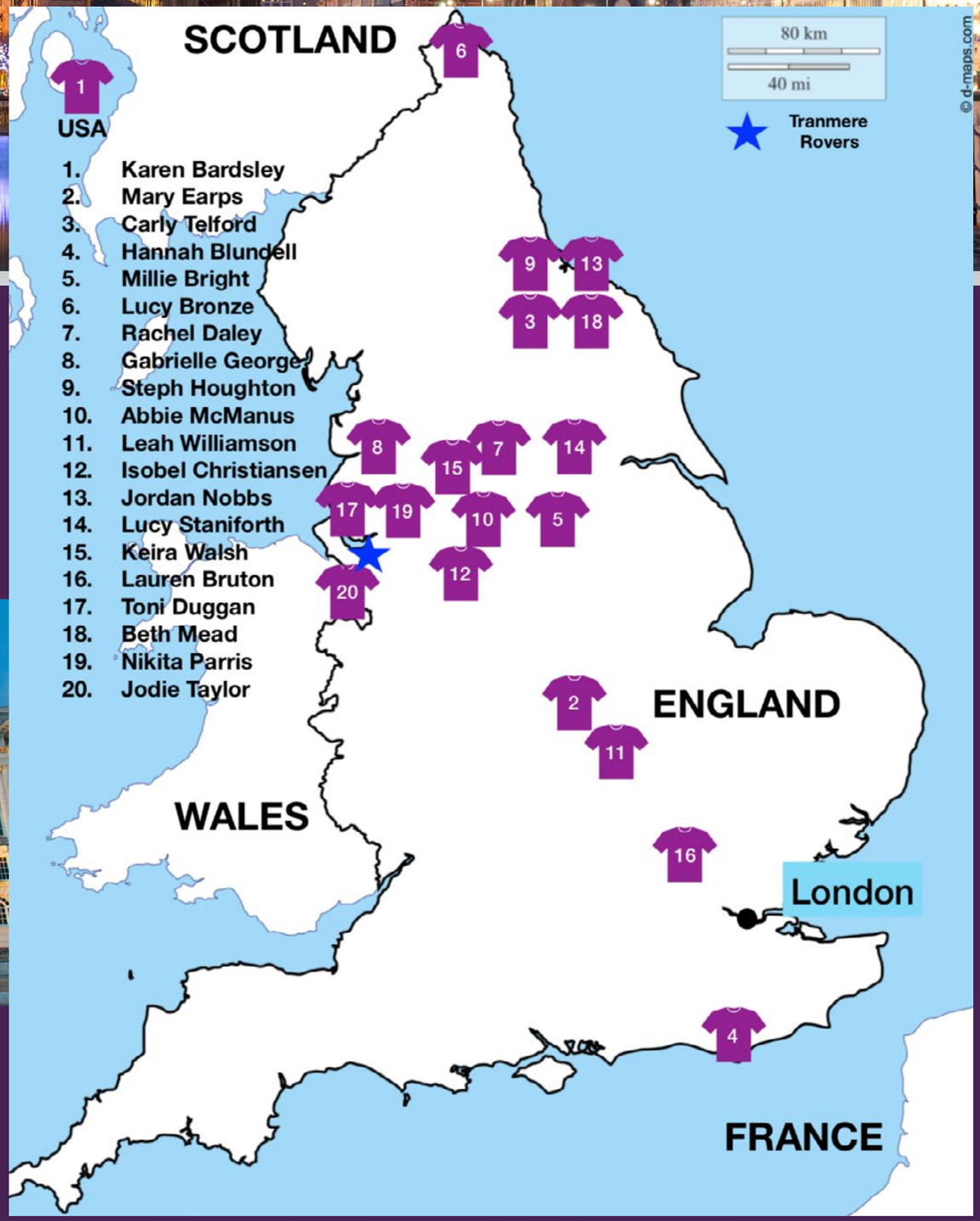
Location

Acknowledged as one of the most iconic cities in the UK, scholars will Never Walk Alone whilst soaring in the land of the Liver bird.

Firmly established as one of the most affordable and safest scholar cities in the UK, Liverpool is a hotbed of activity and culture. This vibrant city boasts an array of accolades, including UNESCO City of Music 2015 and Capital of Culture 2008, as well as an enviable history and fantastic nightlife certified with the purple flag accreditation, earmarking the city as a safe place to enjoy an evening out.

Liverpool is the hub of soccer in the North West, with Tranmere Rovers, five-time European champions Liverpool and Stanley Park neighbours Everton forming a formidable soccer trio.

East of the River Mersey, The Wirral boasts breathtaking coastline and greenspace and is truly the quintessential place to study and play soccer. With picturesque towns and villages, state-of-the-art shopping mall, a selection of golf courses and award-winning bars and restaurants, it's easy to see why The Wirral has been dubbed the third happiest place to live in the UK; Prenton Park, home to Tranmere Rovers FC, is a fifteen-minute drive from the city centre and a well-equipped public transport network makes commuting seamless.



The Team

Shaun Garnett
International Technical Director For Soccer & Futsal

Daniel O'Donnell
International Soccer Vice-Technical Director

Andy Parkinson
Former, Tranmere player. Elite Development Coach

Aaron Argomandkhah
First Team Sports Nutritionist

Emma Palios
Futsal Ladies Academy Coach

Matt Hunter
International Development Coach

Paul Morrison
Head of TRFC Academy Operations

Nicola Palios
Vice Chairman and TRFC Ladies Ambassador

Andy Hodgen
First Team Sports Scientist

Louise Edwards
First Team Ladies Coach

Shirley Waring
First Team Ladies Coach

★ Previously played professionally.

Facilities

During your time studying at the International Soccer Academy you will have access to professional and high-quality facilities based at Prenton Park (the home ground for the First Team) and The Campus (the elite training centre for our first team and academy college) which are a ten-minute drive apart. Your time will be split between these two locations.

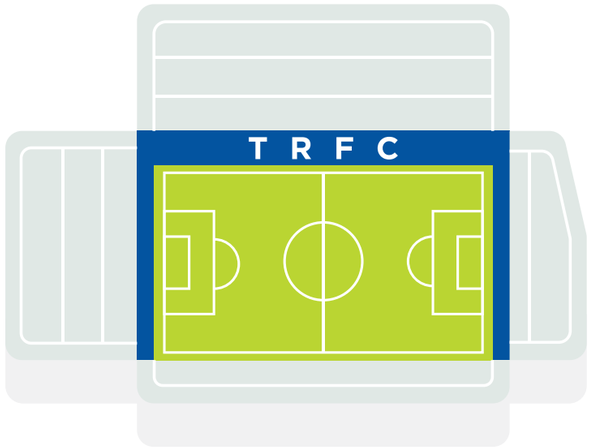
Prenton Park

Home ground of the Super White Army, the impressive 17,000-seater stadium does not only operate on match-days. Prenton Park has high quality business and seminar rooms as well as its very own Futsal Hub based in the Recreational Centre just behind the stadium. The Futsal Hub has a gym and multiple classrooms in addition to the one large and two medium size futsal courts. The recently renovated café gives scholars an area to relax between classroom and coaching sessions whilst enjoying healthy food and drink. Next-door to the stadium are the Shaftsbury grass pitches where football training and matches take place. These pitches are tended to by our own groundsmen to maintain an excellent grass playing surface.

Capacity - 16,587

Record Attendance - 24,424

Opened - 9 March 1912



Campus & Accommodation

The Campus is the elite training facility for TRFC's First Team and Academy. It has multiple classrooms, a game analysis room, state-of-the-art gym, physio room and nutrition hub as well as numerous large changing rooms. There are five grass pitches and other grass training areas and these are all maintained to a professional standard.

The Campus is located near the beach where occasional fitness sessions will be put on. The professional coaching staff are based at The Campus so you will have easy access to discuss your soccer development plan with the relevant people.

The on-site pitches laid by Mallinsons are testament to the high-quality facilities on offer; Mallinsons have laid turf at some of the most prestigious soccer stadia: Premier League pitches, Stade de France and Wembley, home of the England international team.

Train on elite grass pitches

Relax in cosy accommodation, resting up before taking to the field.

Improve personal performance and fitness in state-of-the-art gym facilities.

Excursions

01

Liverpool FC - Anfield Tour

Located within close proximity to Liverpool City Centre, Anfield is one of the most iconic grounds in world soccer. A ground shrouded in history and tradition, Anfield has witnessed countless spectacles, with the club winning countless honours, including 5 European Cups and 18 League titles.

Manchester City FC - Etihad Stadium Tour

02

Following a move from their spiritual home Maine Road in 2003, Manchester City have made the Etihad Stadium a fortress in recent years winning eight major honours since 2011, including three Premier League titles. Pep Guardiola's star-studded side continue to captivate crowds with their ruthless brand of attacking soccer.

03

Manchester United FC - Old Trafford Tour

A name recognised throughout world soccer, Manchester United FC continue to set the standards in English soccer. Visitors to Old Trafford, otherwise known as the 'Theatre of Dreams' have been treated to exhilarating performances, with household names such as David Beckham, Paul Scholes, Roy Keane and Peter Schmeichel contributing to an unprecedented treble in 1999.

Wales - Snowdonia National Park

04

A team building trip. Snowdonia is a mountainous region in northwestern Wales and a national park of 823 square miles in area. A great place to go and visit one of the many mountainous regions in the UK.

05

Lake District

The Lake District, also known as The Lakes, is a mountainous region in North West England. A popular holiday destination, it is famous for its lakes, forests and mountains. It boast the largest mountain in England, Scafell Pike and the deepest and longest bodies of water in England, Wast Water and Windermere.

Contact Us

For further information please see the Tranmere Rovers website:

www.tranmererovers.co.uk

If you would like to post any documentation our address is:

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