



KIDS ACTIVITY PACK



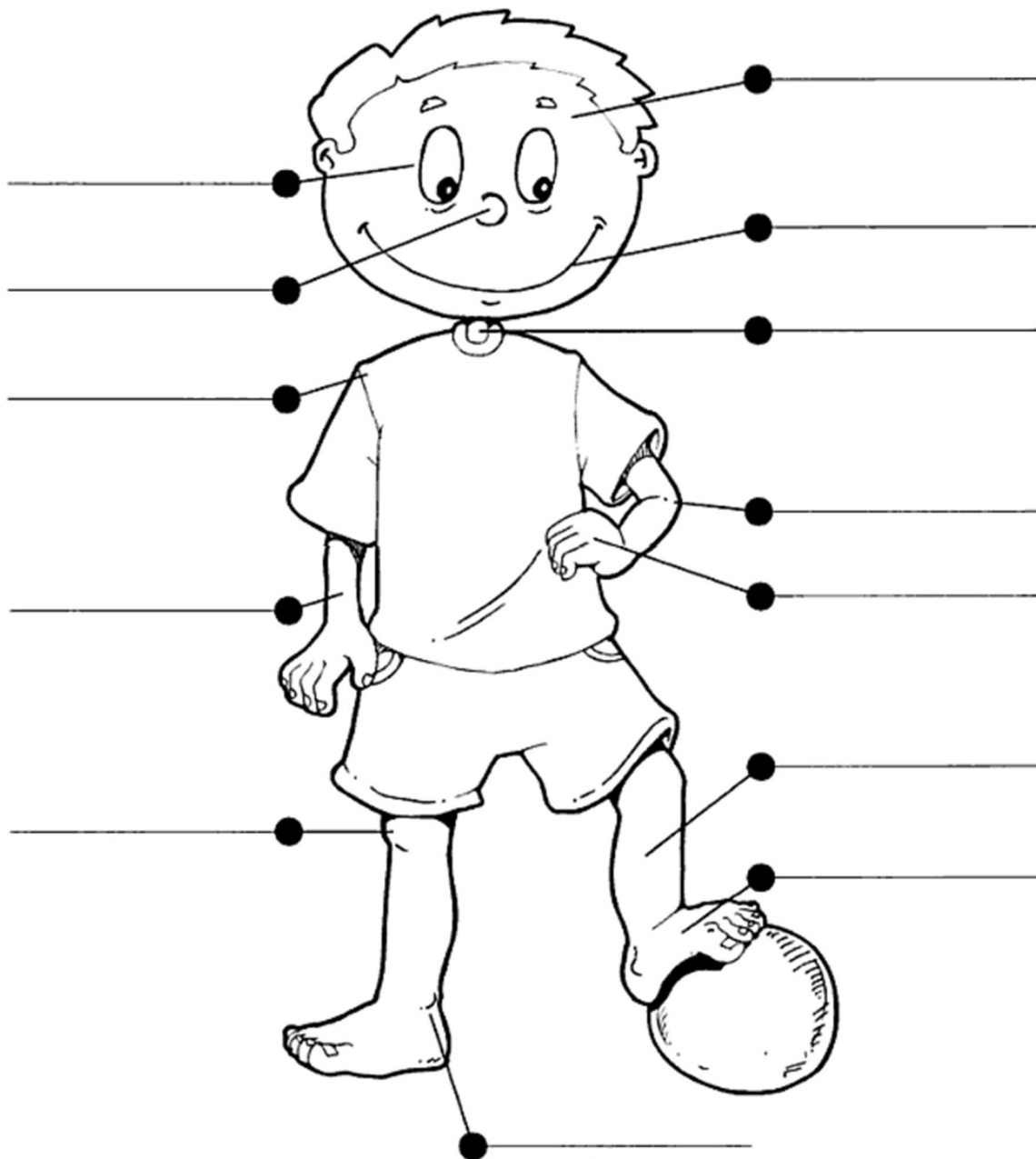
Premier League
Primary Stars



THE BODY

Using the labels below match them up to the correct body part

eye	foot	nose	knee	ankle
head	shoulder	neck	hand	
arm	mouth	elbow	leg	





10 TOE TAPS

(ON THE SPOT TAP THE TOP OF THE BALL
ALTERNATIVELY WITH EACH FOOT)

10 CONE DRIBBLES

START ONE END, DRIBBLE IN AND OUR OF
THE CONES TILL YOU REACH THE END

START



END



10 PENGUINS

(MOVE THE BALL FROM FOOT TO FOOT ON
THE SPORT TEN TIMES)

EASY - REPEAT 5 TIMES

HARD- REPEAT 10 TIMES

IF YOU HAVE CONES TO USE THEN BRILLIANT, BUT IF NOT, DON'T WORRY, YOU CAN DO
THIS USING ANY SAFE OBJECT YOU CAN FIND – AS LONG AS YOU CAN DRIBBLE
AROUND IT.

MATCH THE FOOTBALL PLAYER TO THE TEAM

DAVID LUIZ

NORWICH

CALLUM WILSON

LIVERPOOL

TODD CANTWELL

ARSENAL

JACK GREALISH

MAN UNITED

TROY DEENEY

WATFORD

DECLAN RICE

BOURNMOUTH

HARRY KANE

LEICESTER

JAMES MILNER

MAN CITY

JAMIE VARDY

ASTON VILLA

RAHEEM STERLING

TOTTENHAM

MARCUS RASHFORD

WEST HAM

WORDSEARCH

B	L	A	C	K	B	O	A	R	D	E	S	K	N
R	C	R	T	E	K	E	P	R	R	T	D	E	U
N	S	S	E	S	G	L	U	E	S	T	I	C	K
E	S	N	H	S	O	A	E	T	O	A	G	R	R
A	C	A	O	A	A	K	K	T	E	K	J	A	O
C	I	H	L	T	R	R	N	I	E	P	H	Y	T
S	S	K	L	O	E	P	E	L	A	E	O	O	A
R	S	I	S	P	A	B	E	G	P	N	M	N	L
E	O	K	K	Y	S	I	O	N	M	S	E	S	U
K	R	A	O	O	L	A	A	O	E	S	W	A	C
R	S	C	O	M	P	A	S	S	K	R	O	A	L
A	A	E	B	N	A	O	S	A	S	K	R	K	A
M	B	K	C	A	P	K	C	A	B	E	K	P	C
E	A	O	L	R	S	J	O	U	R	N	A	L	S

GLITTER
SHARPENER
HOMEWORK
JOURNAL
ERASER
BLACKBOARD
NOTEBOOK
BACKPACK

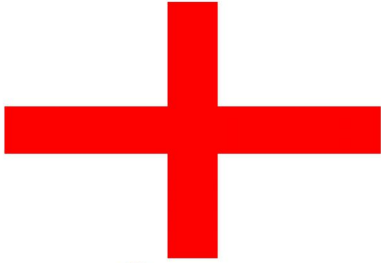
CRAYONS
SCISSORS
GLUE STICK
MARKERS
BOOKS
CALCULATOR
COMPASS
PENS

COLOURING



FOOTBALL GEOGRAPHY

Name the country, three teams who play football in that country and two players who play for the country



Country:

Teams:

Players:



Country:

Teams:

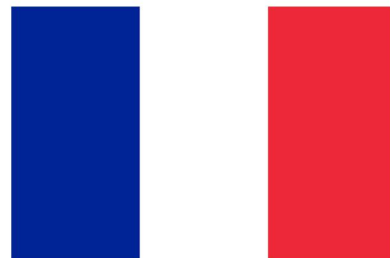
Players:



Country:

Teams:

Players:



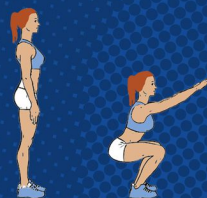
Country:

Teams:

Players:



**20 STAR JUMPS
ON THE SPOT**



**20 SQUATS
ON THE SPOT**

DRIBBLE ROUND THE CLOCK



SET OUT IN A SMALL SPACE ALL THE NUMBERS ON A CLOCK. IF YOU HAVE CONES TO USE THEN BRILLIANT, IF NOT, DON'T WORRY, YOU CAN DO THIS USING ANY SAFE OBJECT YOU CAN FIND – AS LONG AS YOU CAN DRIBBLE AROUND IT.

EASY

START IN THE MIDDLE OF THE CLOCK. DRIBBLE THE BALL OUT USING ONE FOOT ONLY ROUND NUMBER '12' AND THEN BACK IN, THEN NUMBER '3' AND BACK IN, THEN NUMBER '6' AND BACK IN AND THEN FINALLY NUMBER '12' AGAIN AND BACK IN.

ONCE COMPLETE DO THE SAME CIRCUIT AGAIN INCLUDING THE STAR JUMPS AND SQUATS BUT USE THE OPPOSITE FOOT TO DO THE CLOCK WORK.

HARD

START IN THE MIDDLE OF THE CLOCK. DRIBBLE THE BALL OUT USING ONLY ONE FOOT, AND GO ROUND EVERY NUMBER UNTIL YOU FINISH AT 12 AND RETURN BACK TO THE MIDDLE AGAIN.

ONCE COMPLETE DO THE SAME CIRCUIT AGAIN INCLUDING THE STAR JUMPS AND SQUATS BUT USE THE OPPOSITE FOOT

TO CHALLENGE YOURSELVES FURTHER ONCE YOU HAVE GOT THE HANG OF IT, TIME YOURSELF COMPLETING BOTH CIRCUITS (LEFT FOOT THEN RIGHT FOOT) AND SEE IF YOU CAN BEAT YOUR TIMES EACH TIME, REMEMBERING TO TAKE SMALL TOUCHES AND KEEP THE BALL CLOSE TO YOUR FEET.



Premier League Primary Stars

Using our Club name we want you to help us write a football related poem! Using the letters in 'TRANMERE ROVERS'

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COLOURING



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