

# TRANMERE ROVERS IN THE COMMUNITY



**ISSUE 02**

**JULY-SEPTEMBER**





# WEEKLY TIME TABLE

<b>MONDAY</b>	OVER 50S WALKING FOOTBALL 2-3PM	ADULT DISABILITY FOOTBALL 4-5PM	
<b>TUESDAY</b>	OVER 40S WOMEN'S WALKING FOOTBALL 11-12PM	HEALTH & WELLBEING FOOTBALL 3-4PM	UNIFIED JUNIOR DISABILITY FOOTBALL 4-5PM
<b>WEDNESDAY</b>	OVER 50S WALKING FOOTBALL 11-12PM	JUNIOR DISABILITY FOOTBALL 4-5PM	NETBALL 7-8PM
<b>THURSDAY</b>	ADULT DAY CENTRE SESSION 11-12PM	DEMENTIA FRIENDLY AFTERNOON 2-4PM	GIRLS FOOTBALL DEVELOPMENT CENTRE 4-5PM
<b>FRIDAY</b>	OVER 65S WALKING FOOTBALL SESSION. 11-12PM	ACTIVE ROVERS OVER 40S FOOTBALL 2-3PM	SPIDER PROJECT 3-4PM

ALL SESSION TIMES ARE ACCURATE AT TIME OF PRINTING ALTHOUGH THEY MAY BE SUBJECT TO CHANGES.  
FOR UP-TO-DATE TIMETABLE INFORMATION PLEASE REFER TO OUR SOCIAL MEDIA CHANNELS (@TRANMEREFITC)  
OR CONTACT RECREATIONCENTRE@TRANMEROVERS.CO.UK.





# WELCOME TO TRIC

Welcome to the Tranmere Rovers in the Community Magazine.

It has been celebration time for everyone at the Recreation Centre as Rovers returned from Wembley as Play-Off champions for the second year in a row! We are also delighted to announce that work has started on the Recreation Centre roof and look forward to its completion.

The end of the football season also marked the beginning of awards season for the first team and a number of community teams. TRFC Ladies enjoyed a wonderful evening of celebrations in the Gold Lounge as players and coaches came together to mark the end of a great season.

Over the summer we are looking forward to hosting our popular Soccer Schools once again and hope to see even more budding footballers joining us at Bebington High.

As well as our usual activities in the Recreation Centre, we are also providing three brand new Turn Up and Play Sessions in August to get everyone involved in improving their football skills with our coaches.

Full details on the new groups for Summer 2019 can be found on Page 2.

We hope you enjoy reading through our latest edition and learn more about all the sessions we provide at Tranmere Rovers in the Community.

**CONTACT STEVE:**

EMAIL: [STEVW@TRANMEREROVERS.CO.UK](mailto:STEVW@TRANMEREROVERS.CO.UK)

CALL: 098435 0983 09853



“ Have a read through our new magazine and hopefully we will see you very soon! ”



# TRANMERE ROVERS TROPHY ROADSHOW

The Club are currently celebrating it's second successive League promotion and pupils at primary schools throughout the Wirral are being given the chance to experience footballing glory with the Tranmere Rovers Trophy Road Trip! Take a look at some of the schools we've visited so far...







# COMMUNITY CHAMPION

Walking football has been a feature of Tranmere in the Community's work over the past five years, and 70-year-old Barry Williams has recently reached the landmark of 250 attended sessions.

Speaking after one of the popular, well attended Friday morning sessions at our Recreation Centre, Williams still had a spring in his step and a smile on his face. However he was unaware of his remarkable achievement of playing within a stone's throw of the Prenton Park pitch a staggering 250 times.

He said: "I didn't know that; he's just told me now." He said with an element of surprise in his voice.

Barry has been turning up to play ever since the second session in 2014, after a family member attended the first.

The chance to kick a ball again was an opportunity too good to turn down, as football is a sport that he has enjoyed his whole life.

"I think it was the second session I came along. My brother-in-law went to the first and I came along to the second. I think it was 2014 when I first started.

"I started coming because of circumstances and basically I was retired and wanted something to do. I've played football all of my life, so I thought I'd come."

Past retirement age, it seems laughing and joking doesn't disappear for the men who play every week. This aspect is something Barry enjoys, and it keeps him coming back, despite turning 70 at the beginning of May.



**Tranmere Rovers in the Community hold walking football sessions for both women and men throughout the week in the Recreation Centre:**

- Monday: Men's over 50s – 2-3pm
- Tuesday: Women's over 40s – 11-12pm
- Wednesday: Men's over 50s – 11-12pm
- Friday: Men's over 60s – 11-12pm

"(I enjoy) playing the football obviously but I enjoy the crack with the lads. I enjoy it. There's no animosity, there's no nastiness or nothing like that so it's good.

"(It's special) to keep playing football at my age. I turned 70 the other week."

He is eager for new faces to attend and enjoy playing no matter what their abilities may be.

He concluded: "Just come, just come along. No one judges you even if you can't kick a ball, they won't take the mick or anything like that.

"You can just play because there's decent players and there's players that just come along, just for enjoyment and getting out the house."

For more information about our walking football sessions, please contact [STEVEW@TRANMEREROVERS.CO.UK](mailto:STEVEW@TRANMEREROVERS.CO.UK) or call 0151 608 2354



# TRANMERE ROVERS IN THE COMMUNITY NEWS



## MENTAL HEALTH AWARENESS WEEK

Mental Health Awareness Week took place throughout the UK and at Tranmere Rovers in the Community, a variety of sport sessions and wellbeing workshops are provided each week for those in need of support.

One of the best attended groups to visit the Prenton Park Recreation Centre is an indoor football session provided by Wirral Ways to Recovery - a drug and alcohol addiction service based in Birkenhead.

Group leader Ray said "Our goal is to support service users to achieve and maintain their own vision of recovery. We believe that any individual can change the direction of their life and live life to its full potential.

When the lads come here - there is no judgement, no aggression, just a group of people who want to better themselves and have a positive outlet to look forward to every week.

A lot of those who take part in this session have also started going to other activities throughout the week at the Recreation Centre. It's great to see sport improve their lives."

Tranmere Rovers in the Community work with a number of local mental health groups including Wirral Mind and The Spider Project, providing a safe place for the community who need support.



## WOMEN'S PRESENTATION

It was celebration time for Tranmere Rovers at Prenton Park on May 17th.

As the first team acknowledged the end of an amazing season of football in the Fan Park, the Girls and Ladies teams also handed out their awards to players in a large ceremony in the Gold Lounge.

The night kicked off with the youth teams presentations, the U10's went unbeaten all season and were unfortunate to miss out on a trophy in the League Cup whilst the U12's triumphed in their Cup final beating Crosby 2-0.

In the older groups, the Development Team finished the season as County Cup champions and the Women's first team ended the season third in North West Womens Premier Division.

Speaking on the night, Louise Edwards, Girls and Ladies Development Officer, said: "I'd like to thank all of the coaches, parents and players for their continued hard work throughout the season."

Tranmere Rovers Ladies are recruiting new players for the 2019/20 season! Email: LouiseE@tranmererovers.co.uk for further details on upcoming trials.



## RED HEART CAMPAIGN INTER SCHOOL TOURNAMNET

Tranmere Rovers in the Community joined forces with Wirral Change's RED Heart Campaign to host a inter school futsal tournament.

Speaking to Sharon Munroe from RED Heart she said

"The RED in the RED Heart Campaign stands for Respect Equality and Diversity. The Campaign was developed with young adults following some debate style workshops, and how can we make things better in society."

It was concluded that we needed to encourage people to take these pledges to help bring about more understanding and thought for others. This is why events like this are so important in making small steps in teaching children about our mission statement and putting into practice."

Several schools from across the Wirral took part in the tournament. They all demonstrated excellent skill, fair play and most importantly all had fun.

Co-Op Academy Portland came out on top after beating all the teams in the tournament and walked away with trophy. All the children thoroughly enjoyed themselves and their day was rounded off by having a tour of the stadium.

We'd like to thank all schools involved and look forward to working with them again.

## DEMENTIA AWARENESS WEEK AT TRANMERE ROVERS FC

Here at Tranmere Rovers in the Community our highest attended group is the Dementia Friends Afternoon - where those suffering with Alzheimer's and their carers can enjoy activities and support each other in a friendly environment.

Married couple Doreen and Drew, both in their early 80s, started coming to the Dementia Friends session after Drew received his diagnosis last year.

She said:

"Drew really enjoys coming here and chatting to the younger members of staff at Tranmere Rovers.

I can see meeting new people gives him a new lease of life and he can't wait to come back each week to catch up with everybody.

After coming here we have gone to a number of other support groups so it's been a fantastic help. We can't thank Tranmere Rovers enough."

The Tranmere Rovers Dementia Friends Afternoon runs from 2pm-4pm in the Prenton Park Recreation Centre. For more information, call 0151 608 2354 or email Community@tranmererovers.co.uk





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DRAW

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FOR ONLY £1 A WEEK

Helping The Community,  
Help The Community.

**WHY EVERYONE IS A WINNER?**

By entering TRFC Lotto Super Draw, each week, 60% of your stake goes directly towards helping run Tranmere Rovers in the Community programmes. Your contribution has a positive impact on thousands of peoples lives.

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HEAD OVER TO  
[WWW.LOTTOSUPERDRAW.ORG/TRANMERE/](http://WWW.LOTTOSUPERDRAW.ORG/TRANMERE/)



**GIRLS DEVELOPMENT CENTRE**

THURSDAYS 4-5PM



**DEVELOPMENT SESSION**

**CONTACT: LOUSIEE@TRANMEREROVERS.CO.UK**  
**LOCATED AT RECREATIONAL CENTRE, PRENTON PARK**





# ADULT LEARNING

Tranmere Rovers in the Community, in partnership with **Wirral Lifelong Learning**, provide free adult education courses and training across a range of topics. For the last two terms, Tranmere have delivered programmes on Catering and Hospitality, Sports Coaching, Match-day Media and Retail Volunteering. Below are the testimonies and articles sent into us by those who attended the courses.

## CATERING AND HOSPITALITY

*By Vicki and Julie-Ann*

We are members of the Spider Project a local community initiative, and we recently attended a course offered to us by the Club to help gain our food safety certificates. In addition to classroom work, there was a practical element where we had to identify hazards and learn about cleanliness issues in the kiosk (this was staged to aid our learning it's usually spotless) Also, as part of the practical, we got to cook our own lunch of Cowshed Wirral burgers!

Before we could complete our course we did a computer based assessment of all we had learnt over the two days.

The facilities offered for our learning were excellent, and was delivered in a professional but light-hearted manner by the Tranmere staff.

We were both delighted to do the course, to further our learning and give us confidence. After the course we were encouraged to become match day kiosk staff to utilise our experience in this field.



## MEDIA COURSE *By Peter Cousins & Rob Bibb*

We met at the Spider project in Birkenhead. We were told about what Tranmere do concerning media activity and how to promote football in the community.

Our main task in joining the media course was to attend a match to observe and to report on what we saw in relation to different types of media and their roles; pre-match, during the game and post-match. We also met the media marketing team who discussed with us what they do day-to-day and on a match day. They told us they have a duty to respect all parties involved during this process, and they have an important role in representing the Club. We also had to do some research and study the way different social and public media outlets view a game and its appeal to differing kinds of audiences. It also gave us a chance to sample the tasty steak pies at Tranmere FC! Yum, yum! They donated the surplus to the homeless and other charities.

We met again on match day and our group wrote about the match in a variety of ways like blogs or full report or an overview of the experience. We had the privilege of hearing the Captain and the Manager's points of view with other media teams about the match. We enjoyed watching the interviews with both manager Micky Mellon and Captain Scott Davies. You could see how much they are passionate about their Club and what it means to represent them on a daily basis.

I would recommend that anybody can give this a try as its both an enjoyable and a learning experience. Research is great but observing teaches us so much more we believe.





# MATCH REPORT

Media Course  
Student  
by Andrew Wells

**TRANMERE ROVERS  
V BURY**

**TUESDAY  
APRIL 30TH 2019**

**PRENTON PARK,  
WIRRAL**

The game kicks off and Bury attack right from the start and are awarded the game's first corner. Tranmere defence clears their lines. Tranmere are resisting Bury's early pressure. Ten minutes gone, a corner to Tranmere. The ball is somehow bundled over the line by James Norwood; first blood to Tranmere - the atmosphere is now electric!

The Rover's fans are now in voice. "Super white army!" bellows from the Kop end. Great start to the game from Tranmere Rovers. Keeper Scott Davies is playing well, as is centre back Manny Monthe - a real colossus at the back. Tranmere Rovers are now winning the midfield battle. The Tranmere Rovers supporters are really getting behind their team now with a chorus of Micky Mellon's Super white army ringing around the ground. Rovers are having a succession of corners...all alas, to no avail. Bury have seemed to have gone off the boil after their good start. 36 minutes a tactical change by Bury producing some late first half pressure.



**Half time Tranmere Rovers 1 Bury 0.**



Second half begins underneath the bright Prenton Park floodlights. Bury produce a good save out of Scott Davies in the Rover's goal. A corner to Bury - another good save by Davies! Bury hit the post in the 48th minute. Yet more Bury pressure. but it is dealt with well by Scott Davies.

54 minutes sees the game's first booking for Bury. The Rovers supporters shouting out "Super white army!" once more. As Bury have yet another corner, Rovers defence struggle to clear. The ball ricocheted in off a Rovers player to bring the scores level.

**Tranmere Rovers 1 - Bury 1.**

The Bury supporters are back in full voice having sold out their allocation in the Cowshed end of Prenton Park. Bury are back in the game. The temperature has noticeably plummeted, but not on the pitch as both teams battle it out with end to end action. Tranmere Rovers push forward and nearly score forcing a great save from Bury keeper Joe Murphy. 62 minutes played and James Norwood has a header well saved. 66 minutes another corner to Rovers well saved by the keeper. 68 minutes a Bury free kick close range just over the bar. Bury force another corner on 75 minutes but it comes to nothing. Rovers force another corner on 78 minutes just wide - a great shot by Rovers man, Jay Harris. Missed chances and opportunities for both teams at the end of the game and the referees assistant indicates that there will be four minutes of added time. Both teams battle it out but to no avail as the match ends in 1-1 draw.

Tranmere Rovers leave the pitch to a great applause from the Rovers supporters - they will be in the Play offs again.

[HTTPS://WWW.WIRRAL.GOV.UK/SCHOOLS-AND-LEARNING/ADULT-LEARNING](https://www.wirral.gov.uk/schools-and-learning/adult-learning)  
FOR MORE COURSES AND INFORMATION

IF YOU'RE INTERESTED IN ADULT LEARNING PLEASE CONTACT  
EMMAP@TRANMEREROVERS.CO.UK



# TRANMERE ROVERS TURN UP & PLAY

## SUMMER 2019



TUES 30TH JULY & THURS 1ST AUGUST  
TUES 6TH AUGUST & THURS 8TH AUGUST  
TUES 13TH AUGUST & THURS 15TH AUGUST  
TUES 20TH AUGUST & THURS 22ND AUGUST  
TUES 27TH AUGUST & THURS 29TH AUGUST

10AM - 3PM  
BOYS & GIRLS AGED 6 - 14  
£5 PER SESSION

### CONTACT DETAILS:

STEVE WILLIAMS  
STEW@TRANMEREROVERS.CO.UK  
OR  
COMMUNITY@TRANMEREROVERS.CO.UK  
0151 608 2354

THE RECREATION CENTRE, BOROUGH ROAD, CH43 9PY





ALL HELD ON ASTROTURF PITCHES WITH INDOOR FACILITIES IN CASE OF BAD WEATHER.

## BEBINGTON HIGH SPORTS COLLEGE

HIGHER BEBINGTON ROAD,  
BEBINGTON, CH63 2PS

### DATES:

TUES 30TH JULY TO THURS 1ST AUGUST  
TUES 6TH AUGUST TO THURS 8TH AUGUST  
TUES 13TH AUGUST TO THURS 15TH AUGUST  
TUES 20TH AUGUST TO THURS 22ND AUGUST  
TUES 27TH AUGUST TO THURS 29TH AUGUST



## SPECIAL OFFERS!

**SAVE £15** - BOOK ONE SOCCER SCHOOL 3-DAY COURSE & GET A SECOND 3-DAY COURSE FOR JUST £20

**SAVE £10** - BOOK ONE MINI STRICKERS 3-DAY COURSE & GET A SECOND 3-DAY COURSE FOR JUST £20

OFFERS FOR SIBLINGS ON REQUEST...

## SOCCER SCHOOLS

**10 AM - 3 PM**

BOYS & GIRLS AGES 6-12

£35 PER PERSON (DAILY RATE £15)

SPECIAL OFFERS FOR SIBLINGS

## MINI-STRIKERS

**10 AM - 12 NOON**

BOYS & GIRLS AGES 4-6

£25 PER PERSON (DAILY RATE £10)

SPECIAL OFFERS FOR SIBLINGS

TEL: 0151 608 2354

OR: 07711 880 144

EMAIL: [COMMUNITY@TRANMEREROVERS.CO.UK](mailto:COMMUNITY@TRANMEREROVERS.CO.UK)

EMAIL: [STEVEW@TRANMEREROVERS.CO.UK](mailto:STEVEW@TRANMEREROVERS.CO.UK)



TRANMERE ROVERS IN THE COMMUNITY



@TRANMEREFITC





# DANCE LESSONS ALL CLASSES £3.50 EVERY TUESDAY 5-6PM

LOCATED IN ALDOS SUITE  
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**TRANMERE ROVERS FOOTBALL CLUB**



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## Tranmere Rovers BIRTHDAY PARTIES

CELEBRATE AT  
**PRENTON PARK**

Included in your package:  
60 minute football session with a TRFC coach  
Free match ticket for next home game  
Party buffet and party bags

**£14.99  
per head**

Email: [recreationcentre@tranmererovers.co.uk](mailto:recreationcentre@tranmererovers.co.uk)  
0151 609 3336

# SATURDAY SOCCER CENTRE

TRANMERE ROVERS  
IN THE COMMUNITY

**SATURDAYS  
TRANMERE ROVERS  
RECREATION CENTRE  
9:30 - 11 AM  
AGES 4 - 10**

BRING YOUR CHILDREN TO OUR  
FUN-FILLED FOOTBALL SESSIONS!  
PACKED WITH EXCITING GAMES  
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EMAIL: [COMMUNITY@TRANMEREROVERS.CO.UK](mailto:COMMUNITY@TRANMEREROVERS.CO.UK)  
CALL: 0151 608 2354

**£5 PER  
SESSION**

# TRANMERE ROVERS FUTSAL DEVELOPMENT CENTRE

THE RECREATION CENTRE, BOROUGH ROAD (NEXT DOOR TO PRENTON PARK).

## ALL AGES £20 A MONTH

WE ARE CURRENTLY INVITING PLAYERS TO JOIN THE FOLLOWING AGE GROUPS:

- U9/10s (TOGETHER) MONDAY - 5PM TO 6PM
- U7/8s - WEDNESDAY - 5PM TO 6PM
- U11/12s - WEDNESDAY - 6PM TO 7:15PM
- U13/14s - TUESDAY - 6:30PM TO 7:45PM
- U15/16s - TUESDAY - 7:45PM TO 9:15PM
- BOY & GIRLS U6/7/8s - FRIDAY - 4:15PM TO 5:15PM

IF INTERESTED, PLEASE CONTACT PAUL MORRISON AT [PAULM@TRANMEREROVERS.CO.UK](mailto:PAULM@TRANMEREROVERS.CO.UK)



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# WORLD ENVIRONMENT DAY 2019



“TRFC were the first EFL club to provide free sanitary products for our female fans during match days and this is a continuation of our dedication to helping our local community - in helping the environment and tackling period poverty.”

- Nicola Palios

How one small change can help the environment and tackle the period poverty issue for World Environment Day.

Tranmere Rovers in the Community have been working with Wrexham based charity, Given to Shine, to distribute Menstrual cups to women on the Wirral to help put a stop to period poverty and damaging our planet.

On average each woman contributes to between 125 and 150KG of sanitary item waste in their lifetime, but why does that matter?

Tampons, towels and panty liners generate more than 200,000 tonnes of waste per year, and they all contain plastic - in fact, towels are around 90% plastic! All of which ends up in our oceans.

The menstrual cup, unlike other disposable sanitary products, is reusable and lasts for up to 10 years.

It has been reported that 51% of women have suffered from not being able to afford sanitary items, forcing them to miss either work or school. That is why Tranmere Rovers are proud to have partnered up with Given to Shine to provide women with free Menstrual Cups.

Given to Shine have provided us with 100 cups that we have donated to our local women's charity, Tomorrow's Women Wirral.

Sharna Kennedy from Tomorrow's Women had this to say upon receiving the donation;

“We'd like to thank the Tranmere Rovers In The Community team for this huge donation of 100 menstrual cups that will undoubtedly help us on the road to tackling period poverty and enable us to continue distributing free sanitary items to our women.



“Menstrual cups are an investment with long term saving prospects but also, and important to note, they are a much better environmental option in reducing waste that other sanitary products contribute to greatly.

“Thank you from all at Tomorrow's Women!”

We have also supported Given to Shine by connecting them and our local schools as they have been given special funding to supply young girls in education with a free cup.

Menstrual cups will enable women and girls to carry on working, volunteering and continue their education and not be hindered or embarrassed. We are proud to be able to work with charities like Given to Shine and Tomorrow's Women to help the women in our community.

**“WE PRIDE OURSELVES ON BEING MORE THAN JUST A FOOTBALL CLUB.”**



# TRANMERE ROVERS HOW MUCH DO YOU KNOW?

TRFC SUPER FAN? FIND OUT NOW!

**1. NAME SCRAMBLE!** YANMN OMNETH

ANSWER

**2. WHO AM I?**

- Scored 9 goals last season for Tranmere Rovers.
- Made 102 appearances.
- Signed from Wrexham.
- Born in Manchester.

ANSWER

**4. HEAD OF TWO HALVES**

Which are these two players?



ANSWER

ANSWER

**3. SPOT THE BALL**

ANSWER



Which is the real ball?



**5. TRFC  
WORD SEARCH**

CUP

JENNINGS

PROMOTED

WEMBLEY

WIN

C	A	M	T	U	L	P	K	Z	Q
Z	U	O	C	X	Q	N	D	J	P
S	F	P	D	U	W	C	E	U	M
K	G	Y	X	H	P	Y	T	O	T
W	S	N	V	H	E	P	O	R	X
L	B	R	I	L	Y	N	M	T	L
Q	V	U	B	N	K	K	O	V	J
L	M	M	D	S	N	O	R	R	D
E	E	W	I	N	B	E	P	X	P
W	T	V	I	O	M	X	J	N	T

HOW MANY DID YOU COMPLETE?

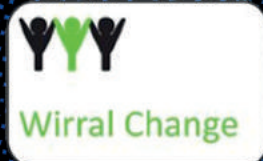
/ 5

**ANSWERS:**

1. MANNY MONTHE
2. CONNOR JENNINGS
3. BALL 1
4. OLLIE BANKS & SCOTTY DAVIES



# A MASSIVE THANKS TO OUR PARTNERS



Cheshire West and Chester



WIRRAL DEEN CENTRE  
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